

Isolation edition – Crossing things off our list when we're (mostly) stuck indoors

- 1. Cook a cuisine from a different country
- 2. Bake something delicious
- 3. Get Uber Eats or food delivered to your home
- 4. Eat meat-free meals for an entire month to help combat climate change
- 5. Create some art
- 6. Make up a new cocktail
- 7. Have a plastic free week
- 8. Rearrange a room in your home
- 9. Do a spring clean of the entire house
- 10. Give the backyard a makeover
- 11. Do a spring clean of your computer
- 12. Decorate your home with nostalgic travel memorabilia
- 13. Brew your own kombucha, beer or alcohol
- 14. Do a zoom chat or connect with an elderly relative
- 15. Video call with a long-distance friend
- 16. Teach your pet a new trick
- 17. Do a DNA test
- 18. Do karaoke at home
- 19. Stay off social media for a week
- 20. Drink a gallon (3.8 litres) of water per day for a month
- 21. Write an entertaining story or poem from your life
- 22. Watch an Arthouse film
- 23. Watch an Anime film
- 24. Watch a series on travel
- 25. Go to the movies or a drive-in cinema
- 26. Do 10 hours of language learning on Duo Lingo or similar
- 27. Make a memory book
- 28. Start a journal
- 29. Read a book you've always wanted
- 30. Read a book about travel
- 31. Read a graphic novel
- 32. Meditate for an hour
- 33. Write a hand-written letter to someone special and post it
- 34. Buy something to make working from home more comfortable
- 35. Buy a new travel item
- 36. Donate to a charity or someone in need
- 37. Do something kind for someone and pay it forward
- 38. Compliment a stranger

- 39. Color in a page from an adult colouring book
- 40. Lose 8.8 pounds/4 kg
- 41. Eat healthy for 2 months
- 42. Give up alcohol for 1 month
- 43. Relax in a bath
- 44. Take an online course to learn a new skill
- 45. Make and post a Tik Tok video
- 46. Make a list of things you grateful for
- 47. Buy a gift card for your favourite local business
- 48. Play a board game
- 49. Buy a weighted blanket to get better sleep
- 50. Buy a houseplant from a local nursery
- 51. Paint a plant pot and fill with new plant
- 52. Eat street food
- 53. Take yourself on a date
- 54. Cook a 3-course meal for someone special
- 55. Cook an outdoor BBQ with friends
- 56. Grow herbs from seed
- 57. Find a way to show someone special how much you love them
- 58. Indoor/garden scavenger hunt
- 59. Make a travel music playlist on Spotify
- 60. Research the ultimate staycation to learn more about your town/city
- 61. Meticulously plan your next overseas vacation
- 62. Start saving for when we can travel again
- 63. Make a list of all the things you want to do as soon as they open up again
- 64. Read in a hammock outdoors
- 65. Do a long walk around your suburbs and discover new parks or scenery
- 66. Go on a bicycle ride somewhere new
- 67. Swim under a waterfall
- 68. Visit a UNESCO world heritage site nearby
- 69. Visit a National Park close by
- 70. Explore a Botanical Garden
- 71. Have a picnic in a park
- 72. Fly a kite
- 73. Watch the sunset from a nice view point
- 74. Do a local hike
- 75. Take a road trip
- 76. Go camping and sleep under the stars
- 77. Go wild swimming
- 78. Spot some wildlife
- 79. Do a mid-week adventure
- 80. Make a Covid time capsule and bury it in your back yard
- 81. Find a geo-capsule
- 82. Rent a kayak or boat on a scenic waterway

- 83. Go snorkelling
- 84. Do a coastal walk
- 85. Visit a new beach
- 86. Clean up rubbish from a beach or park
- 87. Stay in a treehouse
- 88. Stay in a tiny house
- 89. Photograph an animal
- 90. Try a new sport or activity
- 91. Do outdoor yoga
- 92. Discover a new town or suburb nearby
- 93. Visit a weird or unusual tourist attraction
- 94. Complete a marathon or outdoor challenge
- 95. Do a scenic train trip
- 96. Feed some ducks at a local pond
- 97. Go Dog Perving™ at a local park
- 98. Go sledding
- 99. Visit a farmer's market
- 100. Dance in public. Even if it's just on your walk or run

ARE YOU INSPIRED?

I hope that my list of 100 things to do in the new year will give you inspiration for your own list and that you are able to stick to it and have the most event-filled 2021 ever!

Crystal



**WANT TO READ THE EXTENDED VERSION OF THIS LIST?
JUMP OVER TO castawaywithcrystal.com/100-things-to-do-this-year/
AND FIND THE FULL ARTICLE ON OUR BLOG!**